



St Martin de Porres

Hallett Cove Catholic Community
3 Berrima Road
Sheidow Park SA 5158
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February, 2019

Community Newsletter

No 22/2019

From our Pastoral Associate

2019 has commenced and we are already half way through February. Time flies. This weekend Fr. Michael is formally being installed as our Parish Priest. Fr. Philip Marshall administrator delegate will concelebrate the 9.15 am Mass, followed by morning tea. I hope many of you, will be able to either attend the Mass or the morning tea.

The school year has commenced as well and Mons Dempsey celebrated the beginning of school year Mass for St. Martin de Porres school. It was a totally full church for this Mass.

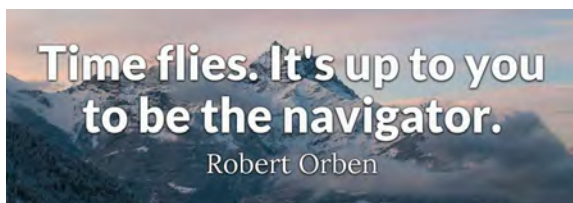
Hutt Street and Moore Street Centres were very grateful for the contribution the parishioners made to our Advent donations for the homeless at the end of last year.

We thought at we would try and help our Vinnies this year and in Lent we will have another opportunity to help the less fortunate, by asking our parishioners to provide staple foods. We will have an insert in the bulletin in the coming weeks asking for cereals, tuna, soup etc.

Lent is not so far away and parishioners will be given the opportunity to attend a Lenten program. Sheets are up in the foyer this weekend to sign up to a Lenten group.

God bless

Clare Thewlis
Pastoral Associate



Christmas and New Year are behind us and Ash Wednesday is only 3 weeks away. Soon we will begin the preparations for Lent and Easter.

Hallett Cove has been selected this year to host the Southern Deanery Stational Mass. All those preparing for Confirmation around the deanery will be presented at this Mass. Hope you will be able to attend and represent our parish on Thursday 28th March at 7pm.

With Sue's departure we will be looking for people to be involved in our Easter Ceremonies. Please talk to Tim, Clare or Pat if you would like to be a part of any of the Easter Ceremonies.

Practice the pause.

Pause before judging. Pause before assuming. Pause before accusing. Pause whenever you're about to react harshly and you'll avoid doing and saying things you'll later regret.

-Lori Deschene

Our Parish Vision

A Catholic community enriched by, and centered on, the Eucharist, empowered to bring the Good News to all.

Thank you for your ongoing support of our Parish.
Your weekly commitment and giving is valued and as
you can see necessary for the running of our Parish
as we battle to balance the budget and struggle to
maintain income.

Hallett Cove Budget for 2019

INCOME	budget 2018	budget 2019
Planned Giving	71,600	65,000
Unpledged Col- lection	22,000	21,000
Donations	1,000	2,000
Interest	500	600
external sundries	1,000	1,000
Func/Fund	1,500	2,300
SMDP School	7,000	7,000
subsidy Brighton Parish	4,500	4,000
TOTALS	109,100	102,900

EXPENDITURE	budget 2018	budget 2019
Staff Wages	25,500	36,445
youth	4,100	4,000
Repairs & Maint	5,000	2,500
SMDP School	7,000	7,000
Amenities sa water	1,600	1,400
Electricity	400	400
Gas	700	400
ESL	600	300
Council Rates	2,000	1,500
Renovation & Equip	3,000	1,000
Insurance	12,000	12,000
Loan Repayment	19,000	19,000
Office expenses	3,500	3,000
Phones	1,000	600
Worship & Par- ish Ednc	2,300	1,500
Coresp & car	13,170	14,273
Plan Giving Ex- penses	800	1,000
Func/Fund	1,500	1,400
TOTALS	103,170	107,718

Income	109,100	102,900
Expenditure	103,170	107,718
surplus/deficit	5,930	(4,818)

Keys

I have a craft project that I would like to do,
but I need approx. 300 keys, so far I have
collected about 100. If you have any keys
lying around that you do not need anymore, I
would love to take them off your hands. See
Pat in the parish office. Thank you.



Hallett Cove Parish Pastoral Council



How open are you to sharing who you are to provide a
clearer picture of what's happening in the parish,
and to shape what should be happening in the
parish, with our Parish Priest?

A cheerful team of approximately 8 parishioners
regularly meet to assist our Parish Priest with parish
pastoral oversight

Meetings are usually held on the first Tuesday of each
month (Feb – Nov), 7:00 – 8:30 pm, in the Church
Foyer

There are no onerous administrative requirements

Hallett Cove is a healthy, vibrant, renewing community
of faith which is growing and must continue to plan
for its future

You don't have to be a perfect Catholic or
have incredible expertise!

**To express your interest, please contact the Parish
Office:**

Phone 8296 7292

Email hcparish@adam.com.au



RIP - Ron Highet



Last week we farewelled Ron
Highet at Hallett Cove
Ron was born 8th March, 1928
and passed away peacefully
on the 31st January, 2019
Ron and Pat (deceased) were
involved in the Hallett Cove
Catholic Community for many
years and many roles. Every
week they would provide fresh
flowers in the church. They are
missed.

His funeral was a great tribute to a loving caring
gentle man.

Food and friendship for those in need

People experiencing hardship, homelessness or simply going through a rough patch receive a warm welcome, a hot meal and a cuppa from more than a few friendly faces in the City of Onkaparinga.

The doors open and life pours in. A couple of giggly boys eagerly recount their school days to mum and dad. An elderly lady's face tells the story of a hundred difficult days. A woman holds a newborn whose eyes are brown and wide and seem to take in the activity around her with amusement. The smell of a freshly cooked meal is in the air — tonight it's creamy bacon pasta followed by chocolate pudding, ice cream and strawberries. There are bursts of chatter and nods of greeting as the throng finds seats. Some are regulars, some might only attend tonight — but all are in need of a hearty meal and some kindness.

Welcome to Fred's Van.

Fred's Van is a volunteer-run service provided by the St. Vincent de Paul Society; colloquially known as Vinnies. Its purpose is to provide free meals and support for people experiencing hardship and disadvantage.

"It's for people who are struggling," explains principal volunteer Mary Dittmar who, with husband Bob, has been involved with Fred's Van since 2002.

"They could be struggling because they're unemployed, or they're divorced or separated and can't afford food. Food is the last item you buy after you pay for gas, electricity, water, everything like that."

Of the 10 South Australian locations with a Fred's Van service, two are within the Onkaparinga region. Fred's Van operates from Wardli Youth Centre on McKinna Road in Christie Downs from 7pm on Wednesdays and Sundays. After the CBD-based Fred's Van, this service is the state's busiest, serving close to 4000 meals per year — and it's where Mary and Bob volunteer. There's also a service based at Aldinga Community Centre from 7pm on Fridays.

Fred's Van is named after St. Vincent de Paul Society founder, the French academic and philanthropist Frédéric Ozanam, who in the 1830s began encouraging fellow students to join him in acts of service and generosity to support the poor.

It has operated in the Christies area since 1996, when catering was from a van parked at a local supermarket car park. It moved around over the years before finding a home at the council-run Wardli Youth Centre.

Volunteers use the commercial kitchen facilities to cook the meal — usually two courses, occasionally three. They prepare sandwiches for clients to take home and give away fruit, and bread and pastries donated by CJ's Bakery. There's friendly banter amidst the sounds of water bubbling on the stove and bacon and onion sizzling in the pan. It's a happy production line.

Mary oversees the volunteer teams, creates the menus and coordinates the shopping. She's also part of a cooking team rostered on about once a month. Coming from a big family, she is used to catering for a crowd, making a budget stretch as far as possible and turning inexpensive ingredients into hearty and filling meals with nutrition to boot.

"If you're used to cooking for a big family, what's 50?" Mary says. And Bob? "Bob is the understudy — he does the carrying!" she laughs.

It's not just food the clients need though. According to Mary, it's often the company. She loves sitting down with clients to have a chat. "There are some amazing stories," Mary says.

"And I could be the only person who has spoken to them for the day."

She remembers a very well-dressed woman who came in for the first time with her teenage son. The woman seemed completely lost and alone and was worried about taking too much. Mary found out her marriage had recently broken down and she had nothing — no money, no food. "I said to her, 'you need a hug', and gave her a hug," Mary says. The woman was so overwhelmed and appreciative. "I sent her home with some sandwiches and extra groceries." She never saw them again but often wonders and hopes they were able to turn things around.

The clients aren't the only ones getting something out of the connections. "It feels like you're doing something worthwhile," Mary says. "It's a really 'feel-good' feeling."

Vinnies' programs like Fred's Van don't receive government funding — they're funded through Vinnies op-shops, the CEO sleepout and donations. The City of Onkaparinga supports Fred's Van through subsidised rent of the Wardli Youth Centre, as well as free use of Aldinga Community Centre.

When the centre was renovated recently, Fred's Van temporarily went back to its roots and provided meals outside from a barbecue supplied by the centre. It was sausages and onion thick and fast for a while there, Mary jokes, but the volunteers appreciated being able to continue serving clients throughout the works period, and it was great when the kitchen reopened for use.

"Council has been really good to us at the centre — if there are any issues they see to them immediately," Mary says. "They've bent over backwards for us."

New Fred's Van volunteers are always welcome.

New clients are also always welcome. Simply arrive at your closest Fred's Van service at dinner time (and make sure you've brought your appetite).



Hallett Cove Vinnies

The Hallett Cove Vinnies group sincerely thank everyone that supported us through donations of cash, gift cards, food & toys especially leading up to Christmas. We were able to assist 32 Adults & 25 Children with food & toys to the value of \$60 per person.



The release of the 2016 Census has produced some disturbing statistics:

- Over 116,000 people (including children) are homeless on any given night in Australia
- There has been a 20% increase in the number of people sleeping rough since the 2011 Census
- Homeless youth (aged 12 to 24) made up 32% of total homeless persons living in severely crowded dwellings
- Nearly 60% of homeless people in 2016 were aged under 35 years
- The number of homeless persons aged 55 years & above has steadily increased to over 18,000

In 2017 assistance given through home visits by the local Vinnies groups increased by 26%. In addition to home visits there were 33% more meals given through Fred's Vans, assistance given through the Migrant & Refugee Centre increased by 46% and the recently opened Vinnies Women's Crisis Centre is already at capacity assisting women and children who are victims of domestic violence.

Through your constant and generous support the Hallett Cove Vinnies group will continue to provide support to those who are struggling.

KNIGHTS OF THE SOUTHERN CROSS

Brighton, Marion, Hallett Cove and Glenelg, BRANCH

Your Branch of the Knights of the Southern Cross attended their first general meeting for 2019 on Wednesday evening 6th Feb.

A few things new, like our own Andy Tamassy is the new State Deputy Chairman, on the State committee is also our Peter Kay, and Alan Dwyer. Another member of our Branch almost lives at State HQ and that is Tony Schar and his sidekick Ida. So we are well represented on the State team.

Newly elected State Chairman Don Campbell was welcomed into our meeting where he melted in seamlessly with our local members. We discussed at length topics from the floor regarding the future of the Church, and where we believe it could be enhanced under the banner of Plenary Council 2020. All members present offered their thoughts, where we put together nineteen points of diverse opportunities, which could well help people to engage in the church, because they want to, because it becomes a Church of the people for the people.



Coming up is our Beach Breakfast, Saturday 2nd March 2019. Those who can get themselves out of bed early on a Saturday morning. Those who would enjoy an outdoor breakfast of bacon and eggs, slice of toast, sausage and tomato with a bit of bbq'd onion. Squeeze of sauce and or mustard. Those who can prize their wives out of the house to accompany them, get along to Angus Neill Park Reserve 8:00am, 300 metres north of Seacliff Hotel on the Esplanade Seacliff. A phone call or text would help me in the catering side of things. Donation \$2 per person.

Our next meeting on Wednesday 6th March, at the Activity Centre Brighton 7:30 pm, is a Mixed Meeting ie members and their wives, ie one each, or a guest. Our guest speaker is Graham Cocks, parishioner of Hallett Cove. He will be talking about the historical railways of Strathalbyn. He has spoken to us before but a different topic. Bring an interested friend. Mons Rob Egar is eager, to attend.

Thank you to the constant flow of bottles and cans you offer to us so we can raise cash for the needy in our communities. One of our most regular supporters are the teams in our four parishes of Glenelg, Brighton, Marion and Hallett Cove of St Vincent de Paul Conferences. They support people with clothing and food parcels together with Christmas hampers and toys. We the Knights make them our No 1 receiver of support as they get close to the needy in a hands on support role. We were able to help with their hampers at Christmas to the value of \$200 to each of the four conferences plus a further \$150 by four, which is handed on quarterly. Your bottles and cans keep this machine working.

For those on our sick list be assured you are constantly in our prayers. To any youth out there that would like the support of the Knights in attempting to ensure their needs are being addressed like those of us who had the support of the Church through YCW in our past, come and talk with us, maybe become a member, have your voice heard with the support of an echo of the Catholic men of your Parish behind you.

Have a chat with :-

Pat Hodgson, Graham Workman, Gary Amott or Graham Gurry at Brighton
Or Tony Schar or Jeff Papps or Bob Byrth at Hallett Cove

Welcome back Fr Michael. Its good to see you fit and well. Pat Hodgson. Branch Chairman



St Martin de Porres School

It has been exciting to watch our new learning spaces come to life, and Mr Craig Fosdike officially opened the building for all the students on 6th February



Three Ways to Rekindle the Romance this St Valentine's Day

Romance and Mystery

One of the things that makes a new romance so exciting and attractive is the element of uncertainty. We can all relate to the thrill of the start-up relationship where the other is essentially still a stranger and quite mysterious to us. The suspense is both thrilling and invigorating! This initial thrill is the stuff of movies and music and is an intoxicating experience.

Deep Christian love depends on more than the romantic feelings that come from 'falling in love'; it requires a deliberate willful and intentional loving.

Keeping Romance Alive

Romance carries with it a sense of playfulness and delight in one another, and is not only for the young. Mature couples need it too. One way is to remember that we can never know all there is to know about the person we love; there is always something more to know and love about him or her.

Romance happens because we are mystery to each other, and so an attitude of curiosity and wonder about each other's differences helps to sustain a couple's romance over the years.

Mystery is foundational in our most intimate relationship because it connects us profoundly to divine love, which will always be a mystery to us. The mystery of being loved so intimately by our romantic lover is that it reveals to us the urgency and intimacy with which God loves us.

In Good Times and In Bad

It's easy to feel romantic in the good times when things are easy between us and life is fairly simple. As heart-warming as young romance is, there is something even more amazing about the romance witnessed in couples of advanced years. Like the tender attention given to a spouse who is seriously ill or the patient acceptance of a spouse with dementia.

It is in moments such as these, when one's devotion to the other surpasses expectations, that the world witnesses the real power of romantic love.

Rekindling the Romance

The trick to sustaining romance is to stay in touch with mystery of the other. Here are three simple habits to help the romance grow and endure.

1. Hear the Mystery

Share with each other a cherished hope you have for your future. Listen carefully to each other. Don't hurry this... take time to really let their hope be fully revealed.

2. See the Mystery

Make time to watch each other at work or play. Look into each other's eyes with love and acceptance. Try holding your gaze for five minutes, using only your eyes to communicate your openness.

3. Speak the Mystery

Express your wonder and gratitude for all that the other is in your life. Express it in prayer, express to each other, express to your family and friends. Become your lover's cheer squad and advocate.

Thank you!

Thank you to Leon Lynch for the beautiful new Altar Cloth. You have done an amazing job.



In January we farewelled Sue as Pastoral Worker for Hallett Cove. We are grateful for the work she has done and her calm and peaceful presence amongst us. Luckily Sue will still be in the parish and she will still fill in for pat when needed. Thank you Sue and all the best for your next adventures.



 Like us on:
facebook®

www.facebook.com/hcparish

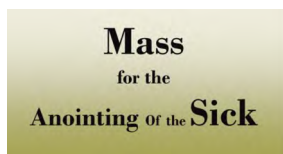
We are always looking for photos or information to add to our facebook page –please send them to Pat at hcparish@adam.com.au

Coming events

Lenten Stational Mass

This year Hallett Cove will be hosting the Lenten Stational Mass for the Southern Deanery on **Thursday 28th March at 7pm.**

Anointing of the Sick Masses



Saturday 6th April,
10am at Brighton

Wednesday 10th
April, 12 noon at
Hallett Cove

Lent Reconciliation

Penitential Liturgy followed by Individual Reconciliation



Thursday 11th April:
10am at Brighton
7pm at Hallett Cove

Holy Week & Easter Ceremonies



PALM SUNDAY 13th/14th March
Masses: 6pm Sat, 9.15am Sun

HOLY THURSDAY 18th April
Mass 7.30pm followed by Vigil before the Altar of Repose which will conclude with Evening Prayer commencing at 10pm.

GOOD FRIDAY 19th April
Stations of the Cross at 10am
Liturgy 3pm

HOLY SATURDAY 20th April
Easter Vigil 7.30 pm

EASTER SUNDAY 21st April
Mass: 9.15am



ANZAC Day
Thursday 25th April
Mass 12 noon at Hallett
Cove and Brighton

This years [Social Justice Statement](#) calls us all to care for the homeless.

This Lent we can do a little bit to help by donating items that we will pass on to Vinnies. Each week there will be different item that we will ask for. All items must be new, unopened and in date.

Please bring any items on the week specified and place in the box in the foyer

9th/10th March: Powdered / Long life
Milk



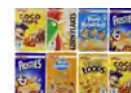
16th/17th March: Canned Meat/ Fish

23rd/24th March: Pasta / Pasta
Sauce



30th/31st March: Canned Soup

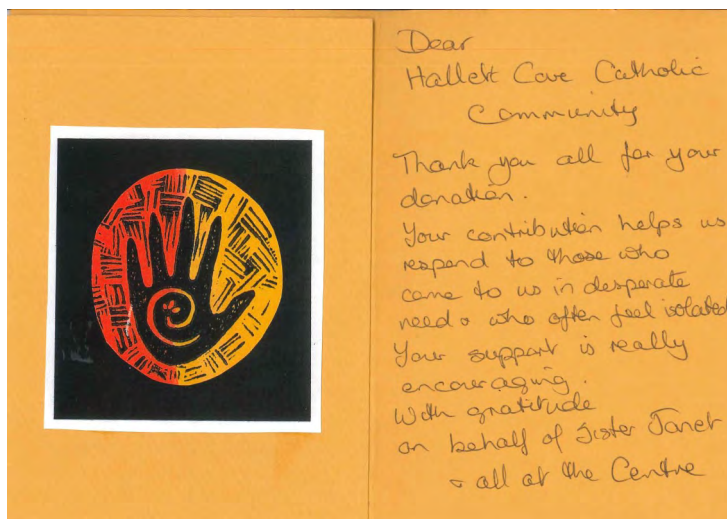
6th/7th April: Breakfast Cereal



13th/14th April: Tea/ Coffee/ Biscuits

If you have any other items that may be suitable for the homeless, we will gladly take and pass on for you. Please leave them in the box in the foyer or drop them into the Parish Office at Brighton

See below for the Thank you from Moore St centre for our donations from the advent collections



Dear
Hallett Cove Catholic
Community
Thank you all for your
donation.
Your contribution helps us
respond to those who
come to us in desperate
need & who often feel isolated.
Your support is really
encouraging.
With gratitude
on behalf of Sister Janet
& all at the Centre

Join the weekly ECH bus trips!

JUMP ON BOARD THE ECH BUS AND TAKE PART IN A RANGE OF FUN SOCIAL OUTINGS.

Visits include art galleries, museums, botanical gardens, wildlife centres, scenic tours, wineries and more!

\$35
PER PERSON*
NUMBERS LIMITED



PICK-UP FROM ECH HAPPY VALLEY EVERY THURSDAY
CNR JADE CRESCENT AND HAY STREET, HAPPY VALLEY
DEPART 9AM, RETURN AROUND 4PM.

TO BOOK YOUR SPOT OR
REQUEST A REFERRAL

Call **1300 275 324**
or email ask@ech.asn.au

*To access the subsidised rate of \$35 you will need a My Aged Care referral.



WOULD YOU
LIKE TO FEEL
CLOSER TO
GOD?

DO YOU
SOMETIMES FIND
IT DIFFICULT TO
PRAY?

Would you like
to know more
about different
ways of praying

*A chance to
explore some
styles of prayer*

ENTERING INTO PRAYER

3 Sessions, 3 Methods of Prayer

DATES & TIMES

Monday, 11th March, 2.00 - 3.30pm

Wednesday, 13th March, 7.00 - 8.30pm

Friday, 15th March, 2.00 - 3.30pm

WHERE?
Brighton Parish

FURTHER DETAILS IN
THE PARISH BULLETIN

VOLUNTARY DONATION AT EACH SESSION

Police Check for Volunteers

It is the policy and practice of the Catholic Archdiocese of Adelaide that individuals who have a responsibility through their role within the Archdiocese in either a paid or voluntary capacity, will be required to undergo a Department for Communities & Social Inclusion (DCSI) Working with Children screening which is processed through the Archdiocesan Police Check Unit. The screening process is completed on line and will require applicants have access to an email address.

General exemptions will include all children under 18 years of age. All volunteers 80 years and above who have previously received clearance from the Catholic Archdiocese of Adelaide are exempted from renewal checks.

Please contact the parish office and bring 100 points of ID with you to arrange for a Police Clearance.

JESUS

Inviting Jesus into Your Life

I am going to strive to be productive for as long as I can.

I am going to make every day and every activity as precious and enjoyable as possible.

I am going to strive to be as gracious, warm and charitable as possible.

I am going to strive to be as healthy as long as I can.

I am going to strive to accept others' love in a deeper way than I have up to now.

I am going to strive to live a more-fully 'reconciled' life. No room for past hurts anymore.

I am going to strive to keep my sense of humour intact.

I am going to strive to be as courageous and brave as I can.

I am going to strive, always, to never look on what I am losing, but rather to look at how wonderful and full my life has been and is.

And, I am going to lay all of this daily at God's feet through prayer.